

Home Remedy Central

Home remedies & natural cures using aromatherapy, herbs, vitamins, minerals, essential oils, homeopathy, teas, juices and supplements for optimal health. *"Let food be your medicine" - Hippocrates*

HOME

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STD

Natural Cures - Home Remedy

STD



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They are embarrassing and nobody really wants to talk about them. Perhaps out of virtue for how they are contracted, STD's are often not a disease or health condition that are talked about with friends or family.

It is however important to know if you have an STD (Sexually Transmitted Disease) this may affect many different areas of your life. If you have ever had unprotected sex, even just once, then it's

important to get yourself checked out.

There are a variety of different STD's, some of which are easy to treat and some of which may make life very challenging. Only a doctor can tell you if you do in fact have this type of disease, and can work with you through diagnosis and the development of a proper treatment plan.

It's always best to be safe in the prevention of potential STDs, but sometimes this doesn't happen. Some of these diseases may be easy enough to treat as they may be bacterial in nature and respond to antibiotics or other prescription drugs.

Others may be very difficult to contend with and may be life changing and even life threatening. If you suspect that you have an STD, then talk to your doctor. If you have one then take the necessary medication.

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In addition to your recommended treatment plan, you may also find that some home remedies for STD's can be quite helpful.

Natural Cures for STD:

Garlic Supplement:

We know that garlic has some very natural healing properties, and therefore it only makes sense that it proves to be an excellent home remedy for STD's.

Though it can't work towards prevention and may only work for some of the STD types, garlic has an antiviral and antiseptic power that helps to naturally clean out the system.

This may work best if taken in supplement form in this instance.

Cranberry Juice:

In some cases where the bladder or urinary tract has been affected, cranberry juice can help. It may be helpful in killing off some of the bacteria that is present and relieve any pain or irritation that a person may be experiencing.

In addition to drinking fresh cranberry juice, one can turn to a supplement that contains it as well.

Yogurt:

As many of us turn to yogurt as a food source each and every day, it may be easy enough to try this as a home remedy for STD's.

This may help to restore the natural balance within a woman's PH system, and this can be quite important when it comes to STD's. Though it won't help to cure it, taking yogurt may help to keep the symptoms that one suffers to a minimum.

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